

# ZIANINA

## GLUTEN FREE

### STARTERS

**Chicken liver pate** served with onion jam & toasted gluten free bread **£5**

**Leek & Potato Soup** with gluten free bread & butter **£5**

**Bruschetta** tomato, onion, parsley & basil served on toasted Gluten Free bread **£5**

Bowl of Italian **olives** **£3**

**Caprino** Oven roasted goat cheese wrapped in Parma ham topped with balsamic glaze **£5**

**Lamb & Beef Meatballs** with chilli, garlic, tomato & basil sauce & gluten free bread **£6**

### MAINS

**Grilled Chicken** tomato & basil sauce, served with vegetables and baby potatoes **£13**

**Seabass Filets** served with white wine & parsley sauce, vegetables & potatoes **£17**

**Seafood Pasta** King prawn, mussels, calamari & haddock with G.F Pasta

Cooked with white wine, Chilli, garlic & cherry tomatoes **£13.95**

**Classic Bolognese** slow cooked beef Ragu with Gluten Free pasta **£10.5**

**Seafood Risotto**, Arborio rice, Peeled king prawn, mussels, calamari & haddock

Cooked with thyme, rosemary & garlic **£13.95**

Chicken & pancetta **Risotto** cooked with garlic, thyme & rosemary **£11**

**Carbonara** Gluten Free Pasta with smoky pancetta, parmesan & classic cream sauce **£11**

**Florentine** Grill chicken with white wine & garlic sauce, mix veg & Potatoes **£13**

**Sirloin Steak 8oz**, with vegetables & potatoes **£17.95**

**Chicken & Chorizo** with Gluten Free pasta, fresh chilli, garlic & cherry tomatoes **£11**

**Chicken Arabiatta** Gluten Free pasta with chicken, garlic, chilli and tomato sauce **£11**

**Pesto** Gluten Free pasta with chicken & mushroom in a creamy basil pesto sauce **£11**

**8Oz Fillet Steak** served with mix vegetables & potatoes **£23.95**

**Salmon Fillet** served with white wine sauce, mix vegetables & potatoes **£14.5**

**Al Pomodoro** Gluten Free pasta with chili, garlic, tomato & basil sauce **£10**

**Mushroom Carbonara** Gluten free pasta with creamy garlic, stilton & parsley sauce **V-GF**

### DESSERT

**£5.50**

**Ice cream or Sorbet**

**Gluten Free Pecan & Walnut tart served with ice cream**